



Mary Lou Brady
Partner - Labour & Employment

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Mary Lou practices exclusively in the area of management-side employment law.

Education
Western University, BA (1994), LLB (1997)
Called to the Bar in 1999

About

As a practice group leader, partner and former board member at Siskinds in its London, Ontario office, Mary Lou has been practicing exclusively in the area of management-side employment law for more than 20 years.

Mary Lou recognizes that people are the most valuable resource in any organization. She works co-operatively with employers and human resource professionals to manage this critical resource through practical advice and real-world solutions.

As such, Mary Lou represents employers in the full spectrum of the employment relationship, with particular emphasis on hiring and retention of employees, employment agreements, employee discipline, employee terminations and wrongful dismissal actions, human rights, employment standards, policy development, and day-to-day legal compliance.

Mary Lou has also developed a unique subset to her practice. She regularly provides strategic advice to corporate lawyers and business owners on employment-related issues arising in downsizings, closures, and sales, purchases or amalgamations of business.

As a trusted advisor, Mary Lou prides herself on developing strong, long-lasting client relationships while delivering excellent results that are born of talent, training and true commitment to her clients.

Mary Lou joined Siskinds in January 2005 as part of the firm’s initiative to expand its labour and employment group. Before doing so, she spent six years practicing management-side labour and employment law for a large national law firm in both its Toronto and London offices.



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Memberships and Associations

- Law Society of Upper Canada, Member
- Middlesex Law Association, Member
- Canadian Association of Counsel to Employers (CACE)
- LinkedIn - Canadian Bar Association Labour & Employment, Canadian HR Law, Canadian HR Network, •
- Human Resources Professionals Association (London & District Chapter)

Publication and Speaking

Mary Lou frequently speaks to groups on employment topics. Most notably, she has now helped organize 20+ annual conferences for employers, speaking on topics such as workplace investigations, employee alcohol consumption, employment law pitfalls, employment contracts 101, employee social networking, and accommodating disabilities.

Mary Lou is also an active contributor to the Siskinds blog, found at www.siskinds.com/labour-employment-blog/.

Awards and Recognition

Mary Lou Brady has been selected by her peers for inclusion in *The Best Lawyers™ in Canada* 2024 and 2025.